We now work very closely with the 3 against 1 polyrhythm. We will apply ourselves with the 12 fingering up and back on the piano and the 45s one direction. It is very important to when applying the 12 fingering that you are able to see 4 notes as you approach the end of the piano to be able to see the TURNING POINT where both hands are going into the piano.

It is through this contrary motion study that your technique will see great benefits as we will develop the finesse to be able to move effectively around the piano not being restricted by rigid scale studies and habits. The 3 against 1 working contrary motion will heighten the independence needed to play higher level jazz piano playing.

CONTRARY MOTION- Remember the principal for playing scales contrary motion is that is offers more interest as the lines move away from each other creating a counterpoint.

*Be sure to use the (3) in LEFT HAND as well when applying this 2-1 scale study

12 FINGERING:

Work your way to the end of the piano using the 3 against 1 rhythm using the 12 fingering. Keep the tempo slow as you move through these keys and be sure to put the 3 in LEFT HAND as well. Pay extra attention to the END OF THE PIANO! This turning point will require you see 4 notes to effectively turn to come back

45 FINGERING

Apply yourself with the 45 fingering only ONE DIRECTION to the end of the piano. Whichever hand runs out first you stop. Also remember to have 3 in the LEFT HAND as well switching the rhythm around.

A regular practice of SCALES, especially applying this very unique approach will help you see the enormous benefits you can achieve from little time spent each day as a result. Not only does this help the independence but will greatly expand your field of vision to see the KEY CENTER for each scale. All the notes will become very clear. A great benefit of working contrary motion having each hand getting further away from each other and playing different notes form the same scale. FABULOUS EXERCISE!